



UNIVERSITY
of York

NHS

Tees, Esk and Wear Valleys
NHS Foundation Trust



Cochrane
Common Mental
Disorders



Mental Health
Foundation

World Mental Health Day 2018

Mental Health Research Event Programme

Young People and Mental Health in a Changing World

2-5pm, Wednesday 10th October 2018

Piazza Building, Heslington East Campus, University of York



#WMHDay2018

#WorldMentalHealthDay2018

#MentalHealthResearch

#ClosingtheGapNetwork

#UoYResearch

#TEWVResearch



EVENT PROGRAMME

2.00pm	Welcome and Introduction Professor Karen Bloor, Research Champion for Health and Well-Being
2.05pm	Mental Health Research at York: The Story So Far and Our Future Ambitions Professor Deborah Smith, Pro Vice Chancellor for Research
2.15pm	What's New in Mental Health Research at the University of York Professor Simon Gilbody, Director of the Mental Health and Addictions Research Group, Department of Health Sciences and the Hull York Medical School & Professor Rachel Churchill, Chair in Evidence Synthesis, Centre for Reviews and Dissemination and Coordinating Editor, Cochrane Common Mental Disorders Group
2.30pm	<u>Keynote Lecture</u> How Do We Make Mental Health Interventions More Youth Friendly? Professor Barry Wright, Professor of Child Mental Health, Department of Health Sciences and the Hull York Medical School
3.00pm	An Overview of the Mental Health Foundation Josefien Breedvelt, MHF Research Lead
3.30pm	 <p>Mental Health Foundation 'Tea and Talk' Networking Session <i>Audience members are invited to talk all things mental health research over tea, coffee and cake in the Piazza Atrium.</i></p>
4.00pm	Spotlight on the Next Generation of Mental Health Researchers <i>x3 short flash talks from our talented early career mental health researchers</i> <ul style="list-style-type: none"> * Anxiety and Depression in Children and Young People with Life Limiting Conditions Mary Barker, Second Year PhD Student, Martin House Research Centre, Social Policy Research Unit/Department of Health Sciences * The Acceptability of Undertaking Sexual Health and Behaviour Research in People with Severe Mental Illness: A UK Perspective Samantha Gascoyne, Final Year PhD Student and Research Fellow/Trial Coordinator, York Trials Unit, Department of Health Sciences * A Bad Night's Sleep on Campus: An Interview Study of Sleeping Problems in First Year Undergraduate Students Dr Lucy Foulkes, Lecturer in Psychology in Education, Department of Education
4.40pm	Youth Mental Health Question Time Panel Discussion
5.00pm	Event Close